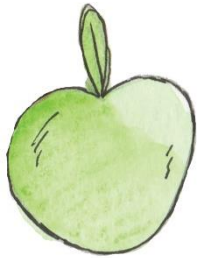


An apple and seed bird treat

You will need:

- An apple (soft is easier)
- Apple corer or skewer (be careful)
- Sunflower seeds (in their stripy shells)
- Three sticks
- String



Ask an adult to core the apple or make a hole through the middle.

Thread the string through the hole in the apple and tie the bottom end to a stick.



Push some sunflower seeds into the top half of the apple.

Make bird perches by pushing the other two sticks into the bottom half of the apple.



Tie the apple to a tree and wait for the hungry birds to find it.
Don't forget to chitter chatter chat while you make it!

